



The Rebel Yell



A Newsletter for the Diving Rebels.

-Oldest Scuba Club in Texas-

Established in 1958

December 2005

2005 DIVING REBEL BOARD

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CHRISTMAS PARTY – DECEMBER 10TH

Lake Arlington Activity Room

6300 W Arkansas Ln

6pm - ? (see pg 5 for more info)

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December Meeting Program

“Diving Myths and Perspectives”

Frank Elia, Curator of the Dallas Aquarium in Fair Park, will present a program concerning a wide range of diving perspectives. Frank, like Alec Ranck who presented the November program, is a “tech diver” and has some valuable, entertaining and interesting insights into the sport we all enjoy, including some very enlightening “myth-buster” information. Don't miss what is sure to be an excellent program.

Diving Rebels Calendar of Events

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|-----|-----|--|
| Dec | 7 | Monthly Membership Meeting |
| Dec | 10 | Christmas Party |
| Jan | 1 | Polar Bear Dive - Clear Springs Scuba Park |
| Jan | 4 | Monthly Membership Meeting |
| Jan | TBA | San Marcos River Cleanup |



President's Report

We are now in the home stretch of 2005 and we will be finishing up the year with a bang, as we look forward to another exciting, event-filled and successful year of diving and other club activities in 2006.

Our December 7 club meeting will be an interesting meeting on several accounts, so we invite all members to attend. An important topic that the club will discuss, and on which we will vote, is that of the modification of the club logo. Information on this issue was sent out a couple of weeks ago for your review and consideration. Due to the potentially emotional nature of this matter, we are going to change the order of the club meeting. We will begin the meeting at the normal 7:30 PM beginning time, but will commence with the meeting program, that of the presentation by Frank Elia with the Dallas Aquarium. This way, Frank can provide what he has for us without his time being compressed by perhaps extended discussion of the logo matter. The program will then be followed by the business meeting that will include discussion and voting concerning the proposal of the club logo modification. As noted in the information we distributed about the proposal, should anyone desire to comment about the proposed change, they can sign up prior to the beginning of the meeting for a three-minute comment period. We would ask all who desire to participate to be respectful of the opinions of others and to keep their remarks civil and appropriate.

We will also be announcing the 2006 Diving Rebels board election outcome resulting from the voting at the November meeting and will complete the balloting for the Diver-of-the-Year and Service awards. So if you either did not attend the November meeting or did not vote at this meeting, I encourage you to vote for these important awards. You are also reminded to complete your questionnaires we recently mailed out and bring them to the December meeting or Christmas party in exchange for some valuable raffle tickets.

Additionally, we have been heavily publicizing the Christmas party on December 10. We had tickets for sale at the November meeting and will have these again at the December meeting. The tickets are \$5 and it is important that you purchase these in advance so we have a head count, so we have some sense of how many folks to plan for. So we need your assistance in this. We will have lots of items for the raffle and silent auction, worth somewhere in the area of \$2,000. Once again this month, the Christmas party flyer is in the newsletter. If you plan to attend, but are unable to make the December meeting, please contact me or one of the board members so we can plan for your attendance.

A final reminder about the early 2006 membership renewal special – if you renew your membership by paying at the appropriate level no later than the Christmas party, you will receive a 10 discount on dues for 2006. So please help us I doing this as it assists us in planning for 2006, regarding budget and other aspects of club business.

One final topic: This past year the Rebels board has worked hard to provide the ingredients for an educational, interesting and fun diving environment, both underwater and above water. And I believe that we have succeeded to that end. This has included exciting diving on a virtual monthly basis, to both local dive sites as well as blue water diving for 2005, La Pas, Baja California, Mexico. It has also extended to the club meetings where we have scheduled educational and entertaining speaker presentations. The club is doing very well financially, thanks to the budget development and tracking by Keith Weber, our treasurer. But we want to continue to improve financially and have more resources available to increase our charitable contributions to worthy causes that will improve the diving environment for all of us. So as we finish up 2005 and look forward to 2006, we encourage all of you to either continue to be or become very active in the club, as we need the participation and support of all of you.

Happy and safe diving, all.

Steve Ogden



Diving Rebels Chili Cook-off 2005

Thank you to all who spent the day at the Chili Cook-off this year. Only four chili's entered but there were several brave judges. Keith and Doug cooked their chili on site, as the weather was spectacular for November. There were several great prizes to be had: \$20.00 Gift Certificate from Domino's Pizza, Folding camp chair to name a few. Jim Magnuson won first prize with his "Hereford Anger Management Tonic" which also won best name, Ted won second place, Doug won third place, and Keith won fourth place. All the chilis were delicious and by the time the sun set not much was left when we all sat and swapped stories around the fire fueled by a huge log that Jim found along the road on the way. Thank you all for coming to the chili cook-off and to those who participated in the trash pickup. The Adopt-A-Highway clean-up is a good thing that we do. A big thank you to Danny for publicizing the outing and for cooking lunch. Looking forward to the next "Chili Cook-off". In attendance were: Danny Bouska, Keith Weber, Ted Glodowski, Jim and Linda Magnuson, Doug Sheppard and his Dad, Leonard and Anneke Patterson and her Son, Steve Ogden, Tommy Engle and Vicki Albright.



Trash Pick-Up, November 19th



Two spaces available with possibility of additional spaces, contact Jill or Danny if you'd like to join us on this fantastic trip!



**Join the
Diving Rebels
Scuba Club**

June 10th - 17th 2006

**Fantasy Island
Beach Resort
Roatan Honduras**



The price of \$1510.00* per person double occupancy, and \$1440.00* per person triple occupancy, includes roundtrip airfare from DFW, airport transfers, meals, lodging, 3 boat dives per day, 1 boat night dive and unlimited shore diving. A deposit of \$200 reserves your spot with balance due by April 3, 2006.

**For more information:
www.divingrebels.org/fibr.htm
or call 817-291-7039**



Clear Springs Scuba Park will host their fifth Polar Bear Dive and want it to be bigger and better than ever. The first ever CSSP Polar Bear Dive was Jan 1, 2002 and has become an annual event at CSSP. They have added several categories. There will be an award for the Best represented Dive Shop and Dive Club. This will be determined by which Shop and Club has the most divers in the water. Due to the nature of some dives you will need to register at sign in to compete for these awards.

They will also be inducting new members into the Polar Bear Hall of Fame. These are divers who have made three, four or all five of the Polar Bear Dives. These divers will receive a special recognition award.

Birthdays

Keith Weber

Dec 15th

Anniversaries

Jim and Linda Magnuson Dec 11th



Season's Greetings

Holiday Events around the Mid-Cities!

Prairie Lights holiday display extravaganza! Drive through almost 3 miles of awesome Holiday displays featuring over 700 larger than life, holiday themed, glowing Airblowns.

Nov. 24 - Jan. 1 - 6:30 - 10:30pm / Mon-Thur \$10 per car/Fri-Sun \$12 per car / www.prairielight.org
Joe Pool Lake, Lynn Creek Park, 5700 Lake Ridge Parkway, Grand Prairie, Texas

Grapevine's Christmas on Main Street - Dec. 3, 4, 10, 11, 17 and 18, 2005

Get into the holiday spirit in Grapevine's historic downtown. Holiday characters stroll along Main Street, and merchants welcome your visit with special gift items for everyone on your shopping list. Take a free buckboard ride, and bring the children to Main Street for a personal visit with Santa and Mrs. Claus. The Polar Express (aka the Grapevine Vintage Railroad) steams down the tracks as pajama-clad children enjoy the telling of the story, The Polar Express! In addition to the story children have a surprise visitor aboard the train... Santa! For more information, please visit Grapevine's web site at www.grapevinetexasusa.com

"ICE!" LONE STAR CHRISTMAS AT GAYLORD TEXAN RESORT WILL HAVE GUESTS CHILLIN'

One Million Lights and Two Million Pounds of "ICE!"

In 2004, Gaylord Texan Resort set the new standard for family traditions at the holidays with Lone Star Christmas sponsored by Coca-Cola. Never content to "leave well enough alone", the Texan brings "ICE!" to North Texas. Already wildly popular at sister properties in Nashville and Orlando, this new holiday extravaganza will give guests goose-bumps!

Imagine a 14,000 square foot structure, kept at 9 degrees, filled with two million pounds of "ICE!" The ice will be hand-carved by artisans from Harbin China into magical life-sized holiday monuments and sculptures.

The attraction, which will keep North Texas chillin', runs from Nov. 17 - Jan 2, 2006. Guests will be thrilled with the fantasy in ice, exciting slides, dramatic lighting and soaring music. "ICE!" is part of the Lone Star Christmas celebration which features holiday activities for the entire family.

Dressed in oversized parkas guests will pass through a Texas-themed portal leaving the last bit of sunny Texas behind them. A snowman cowboy and blossoming poinsettias rendered in "ICE!" bid them welcome and wish them well on their tour of fantasy.

HEAR YE, HEAR YE

And calling all Ye Olde Faithful Rebels and other goode folks

THE DIVING REBELS SCUBA CLUB



INVITES YOU TO OUR

2005 CHRISTMAS PARTY

When: SATURDAY, DECEMBER 10, 6 PM - ?

**Where: THE REBELS ARE BACK OVERLOOKIN THE WATER
AT THE**

RSP LAKE ROOM ON LAKE ARLINGTON

(just before Arkansas Lane dead ends at Lake Arlington – please see maps at bottom)

How much? Tickets are only \$5

What's to eat? The club will furnish meat such as turkey, ham, sausages, etc and soft drinks. You are asked to bring a salad, desert, appetizer, potatoes, breads, etc. and whatever favorite beverages you like.

Activities: Gift exchange (voluntary) with gift values of \$20-\$25
Raffle and silent auction for many great items that you can use for diving and camping
Music and lots of fun

FOR INFORMATION, PLEASE CONTACT

Keith Weber, (817) 581-9010 or

Steve Ogden, (214) 641-6013





1. The red blood cells of diving birds and mammals are larger than in humans.

- A. True
- B. False

2. The oxygen content of the air exhaled by a human is about 16-18 percent. In marine mammals it is:

- A. 20-25 percent
- B. 10-15 percent
- C. 6-8 percent
- D. 2-10 percent

3. The proportional lung volume of whales is only about half of that found in terrestrial mammals.

- A. True
- B. False

4. A surface locating device called a personal EPIRB, or Emergency Position Indicating Radio Beacon, can be used in an emergency to transmit a radio signal to:

- A. A receiver on the dive boat
- B. Space-based satellites
- C. A and B are correct

5. Tanzania 's official language is:

- A. Bantu
- B. Jambo
- C. Asante
- D. Swahili

6. The collapsed upper cone of a volcano is called a:

- A. Cingulum
- B. Caldera
- C. Cinema
- D. Chute

7. A sleeping room on a live-aboard dive boat is commonly referred to as a:

- A. Cabin
- B. Berth
- C. Stateroom
- D. Bunk
- E. All of the above

8. A smaller boat carried or towed by a live-aboard is known as a:

- A. Dinghy
- B. Tender
- C. Launch
- D. All of the above

9. The distinguishing characteristic of members of the phylum Cnidaria is the possession of:

- A. Eight tentacles
- B. Four legs
- C. Stinging cells
- D. Eyes on stalks

10. Isopods are parasites that feed on the skin of their host soldierfish.

- A. True
- B. False

Dividing News From Around the World

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If you would like to read the diving news as it happens, without waiting for this newsletter, then grab the SCUBA News feed from <http://www.scubatravel.co.uk/newsfeed.html> It's free and automatically updates you with the latest SCUBA news via your web site, e-mail or any news feed reader.

Asprin and Steroid Misuse by SCUBA Divers:

Research recently published in the journal *Therapie* evaluated drug use in SCUBA divers. A detailed study of aspirin and steroid consumption revealed their misuse for performance-enhancing purposes, the level of risk varying with the type of diving activity. The influence of drug use on personal performance was recognised by 72% of divers, but only 59% considered that they were putting themselves at risk by self-medicating.

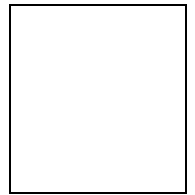
<http://www.scubatravel.co.uk/divingnews/2005/11/asprin-and-steroid-misuse-by-scuba.html>

Guidelines for Asthma SCUBA Divers:

Around 7% of SCUBA divers have asthma. A recently published article concludes that under the right circumstances, a person with asthma can safely participate in recreational diving without apparent increased risk of an asthma-related event.

<http://www.scubatravel.co.uk/divingnews/2005/11/new-guidelines-for-scuba-divers-with.html>

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ADDRESS CORRECTION REQUESTED

