

The Rebel Yell

A Newsletter for The Diving Rebels.

-Oldest Scuba Club in Texas-

Established in 1958

2003 DIVING REBEL BOARD www.divingrebels.org

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Save \$15, renew your 2004 Diving Rebels




Membership by March 7th!

Do you want to miss great camaraderie? Do you want to miss great outings? The answer is **NO**, but that will happen if you don't renew your Diving Rebels Membership. Dues are payable now and through the March 6th Clear Springs outing. Your membership is the backbone of the club. By paying your dues, you can enjoy great outings, meals, and friends and also prevent being dropped from the membership and save the \$15 initiation fee to rejoin. 

ANNUAL MEMBERSHIPS: SINGLE-\$20 FAMILY MEMBER-\$10

Club Outing, March 6th, Clear Springs Scuba Park



Come out and spend the day with the Rebels at Clear Springs. Entrance Fee on Saturday will be \$15.00 with camping for Saturday night free. If you want to camp Friday night, the Entrance Fee on Friday will be \$20.00. Gather at 10:00am on Saturday and participate in the Underwater Scavenger Hunt. Prizes will be awarded after lunch. Lunch will be at 1:00 pm, then enjoy a leisurely dive that afternoon. Lunch will be a meal share of \$2.00 for hamburgers, hotdogs, chips, and drink. To get an idea of how many plan to attend, please email scubadan@divingrebels.org or call Danny Bouska, 214-668-6127. 

CALENDAR OF EVENTS

March 6	Clear Springs Danny Bouska
April 17, 18	Fairfield/Tyler
May 28, 31	Amistad or Balmorhea - Memorial weekend
June 12, 13	Mid Year - Lake Travis Family event Rebel Board
July 24, 25	Possum Kingdom -
August 14	Clear Springs
September 3, 6th	Ouachita or Cozumel - Labor Day weekend
October 23, 24	Pumpkin Carving - Lake Murray Family event
November 6	Chili cook-off - Joe Pool Family event Doug Sheppard
December 11	Christmas party Club Pot Luck

**EVIDENCE OF
NITROGEN
NARCOSIS IN
SHALLOW WATER**

A recent study has found evidence of that nitrogen narcosis occurs at depths shallower than 30 meters. The scientists suggest that narcosis might be a problem in shallow underwater operations that require accuracy speed or complex psychomotor skills.

<http://highwire.stanford.edu/cgi/medline/pmid:14756232>

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**PRE-DIVE EXERCISE
MAY PREVENT
DECOMPRESSION
SICKNESS**

New research shows strenuous exercise 24 hours before a dive, reduces the number and size of bubbles in the blood after the dive.

<http://jp.physoc.org/cgi/content/abstract/jphysiol.2003.059360v1?ct>

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**SHERWOOD SCUBA
RECALL FAULTY KIT**

Sherwood and Genesis buoyancy compensators purchased after 1 July 2003 may have faulty inflator valves, and should be returned for a free upgrade. Check your serial numbers at:

http://www.sherwoodscuba.com/bc_safety_recall.html

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President's Report


As I write this, I am looking forward to this weekend, with another renewal of our annual wine and cheese party outing at Lake Murray. There will be lots of food and fire, some diving and hopefully some sun and no rain.

I am starting this month an addition of a quiz to the newsletter. For all those folks who bring the correct quiz answers to the monthly Rebels meeting, a drawing for one of your names will be made along with the 50/50 drawings for an additional prize. This will give you a few days to come up with the answers. For those of you who may not make it to the meeting, the answers for each month's quiz will appear in the following month's newsletter. I'll try this for a few months and see what the participation and feedback is. Hopefully, this will put out some useful facts and information that some of you may find useful. Please let me know if you have any ideas – perhaps some of you would like to submit some questions.

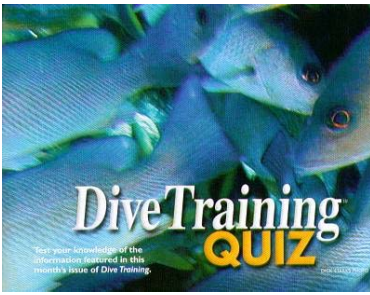
If you have not already paid your 2004 club dues, please submit your payment to avoid have to go through the process of having to rejoin the club. If anyone has problems with being able to make the payment in a timely fashion, please let me know.

Steve Ogden

March Meeting Program

Mr. Bob Tillman, Captain, City of Grand Prairie Fire Department, will be our guest speaker. Captain Tillman oversees the search and rescue dive operations for the City of Grand Prairie. Bob and I got to know each other over Memorial Day 2001 when my brother and I dove the wreck off the North Carolina coast with Bob and several others. This should be an entertaining and informative program and I encourage you to attend. 





1. At the core of every raindrop is a:

- A. Bubble
- B. Particle of dust
- C. Focal point or "seed"
- D. A and B are correct
- E. B and C are correct

2. Nitrogen gas bubbles in the blood that have no effect on a diver are referred to as:

- A. Subclinical
- B. Asymptomatic
- C. "Silent" bubbles
- D. All of the above

3. Two factors determine how gas is delivered to our tissues:

- A. Absorption and dispersal
- B. Perfusion and diffusion
- C. Blood pressure and gas volume
- D. Reception and transferal

4. According to the theory of "disordered decompression sickness," there are three types of disordering events:

- A. Vascular, thoracic and systemic
- B. Cranial, cardiovascular and musculoskeletal
- C. Neurological, cardiovascular and musculoskeletal
- D. Absorption, diffusion and dispersal

5. The law that states that the finder of legally abandoned property (i.e. a shipwreck) is entitled to what he has found and recovered is known as the:

- A. Admiralty's "law of finds" B. Admiralty's "law of recovery"
- C. Admiralty's "found objects" law D. "Finders keepers" law

6. Wrecks in national marine sanctuaries and national parks are protected and removal of artifacts from these areas is strictly forbidden.

- A. True B. False

7. Parrotfish are very closely related to:

- A. Parrots B. Beaked whales C. Flounders and soles D. Wrasses

8. In the effort to get to and eat algae, parrotfishes consume considerable amounts of:

- A. Sand B. Rock C. Coral D. All of the above

9. The Bahamas island of San Salvador was known by the native Lucayan people as:

- A. Guayaba B. Guanahani C. Guyana



Diving Rebel 2004 Proposed Activity Calendar
Updated 2/04/2004

Month	Day	Site	Coordinator	Contact Info.
Feb 28-29	Sat/Sun	Lake Murray	Steve Saddler	817-461-9319 817-450-0095 cell
Mar 6th	Saturday	Clear Springs	Danny Bouska	214-668-6172 scubadan@divingrebels.org
*April 17-18	Sat/Sun	Fairfield All Group Outing	Jimmy Atkinson	972-221-5282 coralrewds@aol.com
April 24-25	Sat/Sun	Tyler State Park	Jim/Linda Magnuson	817-540-2950 jmagnuson@comcast.net
May 28-31	Sat/Sun/Mon Memorial wknd	Balmorhea/Amistad?		
Jun 12-13	Sat/Sun	Lake Travis/Mid Year	Board	817-581-9010 Ladyrebeljw@hotmail.com
Jul 24-25	Sat/Sun	Possum Kingdom		
Aug 6-8	3-4 day trip	Cozumel		817-291-7039 TxMermaid1@aol.com
Sept 3-6	Sat/Sun/Mon Labor Day	Ouchita		
Oct 23-24	Sat/Sun	Lake Murray/Pumpkin		
Nov 6th	Sat	Joe Pool - Chili Cookoff	Doug Sheppard	817-881-5499 dougshep@ev1.net
Dec 11th	Sat	Christmas Party	Club - Pot Luck	

* not an official diving rebel outing

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